



Join in Feel Good! A programme of Conservation Volunteering to improve local green spaces.

Norfolk Environmental Action Team

March 2024

FREE Minibus leaves at 10am from the Corner of Queens Road & Brazen Gate, by the traffic lights next to the big Sainsbury's car park, near Norwich bus station [what3words: single.affair.robe]. If you would like to get a lift from near UEA, please ask. **Booking is NOT usually needed** - just turn up on the day, unless you want to be sure of a place on the minibus for days marked **BM** below (book via mark.webster@tcv.org.uk / 07740 899 691). See last page of this document for more information about joining these activities, including details about who can attend (most people). Sessions run from arrival on site (depends on traffic and travel distance) to 3.15pm on site, returning to central Norwich by 4.15pm.
Mobile number to contact us on the day: 07740 899 691.

Date	Site	Activity	Site Meeting Point (if coming by car or bike) at 10.15am unless otherwise stated
Fri 1 st	Sprowston Millenium Wood	Green screen time. Planting a screen of trees to protect the edges of the site. Also some coppicing to finish off.	Woodland entrance, near Cemetery Gates, Church Lane, NR7 8AU. [what3words: scores.during.gold] (OS grid ref: TG 249 126) Arriving at approx 10.20am.
Mon 4 th	Horsford	Hedging around. Hedge planting to improve biodiversity.	Horseback Way (by the junction with Beckside), Horsford, NR10 3SG (OS grid ref: TG 189 159). [what3words: spellings.thirsty.meaty] Arriving approx 10.25am.
Tues 5 th	Cringleford Community Woodland	Spring clean time. Clearing up tree tubes that have scattered about.	Willow Centre car park, junction of Dragonfly Lane and Willowcraft Way, Cringleford, Norwich, NR4 7JG. [what3words: glaze.again.edges] W.C.
Wed 6 th	Hingham BM	Tree Planting. Fruit trees, a hedge, some bulbs and some wildflowers – a complete makeover for this little patch of land!	Hopsack Road (at junction with B1108 Norwich Road), Hingham, NR9 4FB. [what3words: research.provoking.slips] Arriving approx 10.35am.

Thurs 7 th	Southrepps BM	A don't give a **** about my Repp-utation. We will be Jett-ing off to this new site to clear felled trees from a lovely wildflower meadow.	Gunton train station car park (opposite Suffield Arms pub), Station Road, Lower Street (Southrepps), NR11 8UE. [what3words: backswing.cheaper.cemented] (OS grid ref: TG 255 351). Arriving approx 10.45am.
Fri 8 th	Horsford	Horsing around. Stop messing about, we will be planting a hedgerow in a serious manner!	Horseback Way (by the junction with Becksides), Horsford, NR10 3SG (OS grid ref: TG 189 159). [what3words: spellings.thirsty.meaty] Arriving approx 10.25am.

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Date	Site	Activity	Site Meeting Point (if coming by car or bike) at about 10.15am unless otherwise stated
Mon 11 th	East BM Ruston Poors Land	Willow Song. No wicker men here, just volunteers clearing invasive willow.	Car park at Butchers Arms, at junction of Oak Lane with School Road, East Ruston, NR12 9JQ (OS grid ref: TG 345 282). [what3words: inflates.square.victory] Arriving approx 10.45am.
Tues 12 th	Southrepps BM	A Repp-sheet as long as your arm. There's a lot of stuff to clear here so that the meadow can be restored.	Gunton train station car park (opposite Suffield Arms pub), Station Road, Lower Street (Southrepps), NR11 8UE. [what3words: backswing.cheaper.cement ed] (OS grid ref: TG 255 351). Arriving approx 10.45am.
Wed 13 th	East BM Ruston Poors Land	All around my hat. You can wear the Green Willow wherever you like (within reason) once we have cleared it from the wetland habitat.	Car park at Butchers Arms, at junction of Oak Lane with School Road, East Ruston, NR12 9JQ (OS grid ref: TG 345 282). [what3words: inflates.square.victory] Arriving approx 10.45am.
Thurs 14 th	Southrepps	A Repp-utable organisation. Cleari	Gunton train station car park (opposite Suffield

	BM	ng up a mess that's been made in order to return the wet meadow to its former glory.	Arms pub), Station Road, Lower Street (Southrepps), NR11 8UE. [what3words: backswing.cheaper.cemented] (OS grid ref: TG 255 351). Arriving approx 10.45am.
Fri 15 th	Rouen Road	Something for the weekend? We may not be barbers but we can give the shrubs here a neat Friday trim in final readiness for meadow planting.	Rouen Road at junction with Argyle Street, central Norwich, NR1 1QS. [what3words: union.builds.detail]
Sat 16 th	Queen's Hills Community Park	Something at the weekend? Our regular monthly Saturday morning task session will concentrate on clearing bramble to connect up areas of open heathland.	Car park by small waterworks on Alfred Munnings Road, between the Longwater Shopping Centre and Queen's Hills housing estate, Costessey, Norwich: nearest postcode NR8 5EY. [what3words: lows.science.remarking] Meet at 10am on site, sorry no minibus from central Norwich today.
Mon 18 th	Horsford	Hors-es for courses. Charting the course of a new path to form part of a wider green network of walking routes.	Horseback Way (by the junction with Beckside), Horsford, NR10 3SG (OS grid ref: TG 189 159). [what3words: spellings.thirsty.meaty] Arriving approx 10.25am.
Tues 19 th	East BM Ruston Poors Land	I can't speak, I'm a little gorse. Removing either willow or small gorse from these nationally important habitats.	Car park at Butchers Arms, at junction of Oak Lane with School Road, East Ruston, NR12 9JQ (OS grid ref: TG 345 282). [what3words: inflates.square.victory] Arriving approx 10.45am.
Wed 20 th	Horsford	I can't speak, I'm a little Hors. Extending our new path through the woods.	Horseback Way (by the junction with Beckside), Horsford, NR10 3SG (OS grid ref: TG 189 159). [what3words: spellings.thirsty.meaty] Arriving approx 10.25am.

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Date	Site	Activity	Site Meeting Point (if coming by car or bike) at about 10.15am unless otherwise stated
Thurs 21 st	East BM Ruston Poors Land	Willow to the left of them, gorse to the right of them. Onward into the valley we will go, removing invasive scrub.	Car park at Butchers Arms, at junction of Oak Lane with School Road, East Ruston, NR12 9JQ (OS grid ref: TG 345 282). [what3words: inflates.square.victory] Arriving approx 10.45am.
Fri 22 nd	Wensum Park	A re-seeding hairline? We will actually be planting wildflower seeds this time, having prepared the ground.	Wensum Park north-west entrance, A1067 Drayton Road, Norwich, NR3 2DG. [what3words: budget.sticky.walks]
Mon 25 th	East BM Ruston Poors Land	Winkle pickers, part 1. Picking out tiny gorse seedlings that threaten to overwhelm newly cleared heathland.	Car park at Butchers Arms, at junction of Oak Lane with School Road, East Ruston, NR12 9JQ (OS grid ref: TG 345 282). [what3words: inflates.square.victory] Arriving approx 10.45am.
Tues 26 th	Queen's Hills Country Park	Something for a weekday? Felling inappropriately planted small trees to protect the heathland areas.	Near small waterworks on Alfred Munnings Road, between the Longwater Shopping Centre and Queen's Hills housing estate, Costessey, Norwich: nearest postcode NR8 5EY, [what3words: lows.science.remarking] Arriving approx 10.25am.
Wed 27 th	Rouen Road	Something for the weekday? Seeding the areas we have worked so hard to clear with loads of beautiful wildflowers!	Rouen Road at junction with Argyle Street, central Norwich, NR1 1QS. [what3words: union.builds.detail]
Thurs 28 th	NO TASK	Sorry, no task today. Happy Easter!	*** NO TASK TODAY *** Buying chocolate eggs day perhaps?
Fri 29 th	NO TASK	Sorry, no task today. Happy Easter!	*** NO TASK TODAY *** Eating chocolate eggs day perhaps?

BOOKING There is usually enough space for everyone on the minibus if we are working in or near Norwich, but for some longer trips the minibus might get full, please email or text Mark (details below) to be sure of a place on the bus. If you would find it helpful to ask us anything before coming on a project for the first time, please do contact us - see below. Otherwise, if you are over 18 and don't have any unspent convictions for serious crimes, you can just turn up and join in. **If you are 16 or 17** you will need a parent or guardian to sign our permission form before you can get started - please contact us if you need one. **If you have unspent convictions** for sexual or violent offences, you will not be able to volunteer with TCV (please contact us for a confidential chat if you need to check if this applies to you).

MEETING POINTS If you would like a map, or directions to the site, please contact us. FREE Minibus transport is available from outside stated pick-up points only, returning to the same place at the end of the session. We do our best to keep to time, but due to traffic etc, all timings are approximate.

WE PROVIDE All tools and protective equipment are provided, please bring your own refreshments (drinks and a packed lunch) for the day. If a site has toilets this is indicated on the programme by 'WC' in the 'Site Meeting Point' column.

PLEASE WEAR Old work clothes, suitable for the weather. If you have them, please bring reasonably sturdy shoes or boots, and rainwear. We provide work gloves and everything else necessary for the task. You are advised to check if your tetanus inoculation is up to date.

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